



WASAARADDA
CAAFIMAADKA

2 MITIR KA FOGOOW SI AAD UGU MUUTISO JECELKAAGA

COVID-19
wuxuu ku
tarmaa
goobaha
saxmadda
ah. Tus
bulshadaada
in aad ka
taxaddarto
adigoo ka
dheeraanaya
qof weliba
2 mitir.



#TONSEMBERERA

#KeepADistance



ALIGHT

#INOURHANDS





WASAARADDA
CAAFIMAADKA

GACMO NADIIF AH COVID-19 MA QAADAAN



Ma xasuusataa markii aad biyo ku sayri jirtay
gacmahaaga oo aad ugu yeeri jirtay mayrasho?
Si joogto ah gacmahaaga ugu dhaq saabuun
iyo biyo qulqulayo ugu yaraan 20 ilbiriqsi.



#TONSEMBERERA

#KeepADistance



ALIGHT



#INOURHANDS





WASAARADDA
CAAFIMAADKA

GACAN ISKU HAADINTA AYAA IS GACAN-GALINTA CUSUB AH

Aynu meel dheer
iska salaanno.
Aynu isu muujinno
jacaylkeena
anagoon is
gacmo-galin.



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#KeepADistance



ALIGHT

#INOURLHANDS





WASAARADDA
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GURIGA JOOG SI

FAAFIDDA AY U JOOGSATO



Markaad guriga
joogto, ma
ilaalinaysid
naftaada
kaliya. Waxaad
joojineysaa
fayrasku inuu
wareego si uu u
asiibo dad badan.



#TONSEMBERERA

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WASAARADDA
CAAFIMAADKA

MA KU DHI BAYSAA NEEF SASHADA? QANDHO? QUFAC?

CAAWIMAAD
RAADSO!

Haddii adiga ama qof aad
taqaanid uu leeyahay
calaamadaha COVID-19, guriga
joog oo la xiriir Sarkaalkaaga
Caafimaadka ee Degmadda
(DHO) ama soo wac lambarada
taleefanada bilaashka ah ee
Wasaaradda Caafimaadka:

919, 0800-100-066,
0800-203-033,
0800-303-033 ama
Whatsapp-ka 0700-818-139



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#KeepADistance



ALIGHT

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