









*Elyom ta lela de yom tana kuluna,  
le nas elbawadina le gidam.*



**ELFASIL I**

*Anasir Ta Bahas*

—11—

**ELFASIL II**

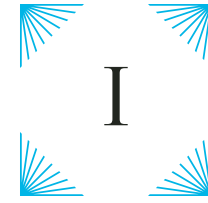
*Elasuwat Elbenamulu*

—19—

**ELFASIL III**

*Elarkan Ta Mahametama*

—45—



# ANASIR TA BAHAS



1.

## *Teshwir Ta Masar Jedid*

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*“Lo kuluzol besaidu fi rafah ta sama,  
elzol wahid ma betahab.”*

—MASEL TA TSHI

**I**nta lo gaid tagra de, de asan itta bi wadu asan saiedu nas. Elham asan natkhayalu mostakbal jamaei, anina baninaw asanna kolona. Hamas asan namsiku edeen nas hawalina, wan nas baeed min anina. Asan sidiku. Asan narfau. Asan nasuf terik le gidam.

Zeï ma kulu elanasir beji sawa asan le tadmieh ta aya, anina lazim najib sawa kulu wajahat ta nazar le taziz tawazan wa wafra dakel musasa tana.

## Anina lazim nakun zei muoya

*“Elmuoya begeru elardh. Ma ziada ta tayar, elmuoya bekun gawi, wa  
bekun indu tasir kebiir fi elardh.”*  
—SAMUEL BIZUMUREMYI

Be gabel ta tekeif matager ta elsakil, anina benalaymu fi ay Safina.  
Anina kuluna masader ta rezik, wa kaman le farah wa lehib Anina  
kalfiya, wa ma tarkiz. Guwatana fi nohomatana.

## Anina lazim nakun zei elardh

*“Elardh besakin kulu elajat, wa kulu zol, wa anina namulu ay fiw —  
wa de makan anina daeirin nakun fiw ka Alight.”*  
—ROSINE MPAMYA

Min kilal sakantana fi elardh, anina lazim narha wa najedid kulu  
ajat elbanumu minana. Anina natafal belashab eltatashagag be  
kilal ta asphalt, wa zohor elbafta min jafaf, wa fateriyat elgaid  
tehet ta ardh elbangul anasir ta gizah bena ashjar.

## Anina lazim nakun zei elawa

*“Min majarad ta masel, elmasaha elmalian be afkar tatahwel le awa  
elyatanafaso kulu nas indum tasir be sukol ta Alight.”*  
—DANNY REARDON

Fi kulu makan mahindu raha, anina elnafas elbamla bedun elim.  
Anina kalfiya, wa ma tarkiz. Anina natahli besafafiya fi tasirna wa  
horiya wa mutah le kulu nas.

## Anina lazim nakun ze elnar

*“Ana sufu Alight ze elnar asan owa bewala betaka wa athifa,  
sirieh asan silu mabadera jedid, lakin bemut lo ma amolulo ingaz  
beistemrar ma marur ta waktu.”*  
—MUGOHOL

Besakil beshakaf alaf elogul elazima, wa nowalid min jedid le  
kulu fikra jedid elbamulu tahsir. Anina abaden ma begeiduna ze  
musasa indu guaidto wa kalasa, lakin nazdohor daiman ke bidaya  
wa manara mashtahla.

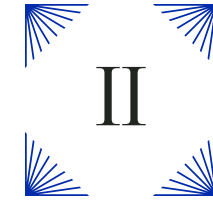
## Anina lazim nakun zei elfadah

*“Alight bekun elfadah, min kilal wasah etigadto beimkaniya fi kulu  
mugif le bagi nas ta alam, wa bekalek masaha ta iktashaf wa tahsin.”*  
—MARY WANJIRU

Anina natawi le adad kebiir, wa ma benakunu indana odud. Fi  
dakeltana, fi guwa jazibiya bekalek madarat ta tebiehiya. Kulu zol  
indu dor bamulu.







# ASUWAT TA KORAKTANA



# 1. *Eltaskar*

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*Fi gisa mastawaha min tajarab ta Teresa Devick,  
Jacques Prevert Rumanyika, wa Aphrodice Mutangana*

**K**an fi taga ta tawaga wa itenen asatisa bada darasa tomon. Elgurfa kan malian be kombutwrat, wa fi mahmel jedid ta teknologia tamam banaw nafsas asatisa elgamu wa wagif gidam elguorfa. Kan fi nus makeim ta lajiim.

Elnas najiim min elarb, elnas elsukeiriim del mesufu gidam le asatisa tomon, daeiriin asan yamlahe rastomon be jedid, asan yahdi wa tawajiehom le mustakbel ta wahad Le wadaif wa rehat. Elasatisa elitneen gamu gidam, omen majarad nashehin wa najehim, kutu elmahmel de sawa asan bedarasu awel fasil tarmis le elmujtama.

Zei ma elhesa bada wa sawalat salu min elostaz le talmiz, eliyal elsukeiriim rudu be manafas wadiya, kulu zol bekalim ma tani bejjabat matahmisa be itabar nus bas.

Bad eldarasa elawel inta, elasatisa gabelu le nafusum wa dehku be hetifal wa hertiah. Elfasil tomen elawel kan indu joteh, lakin omen gaderu yamulu. Wa fi akeren eltalamiz bigu maktubiin.

Wa bad dak, be azdadat makueis, wahid kalim le tani gali, “Inta sufu inu fi itenen mara bas?”

Elostaz eltani kalim gali, “Nam, wa mafi zol minom kalam.”

Elyom eltani ta darasa, elitenen asatisa amolu nukta asan yanadu elitenen nasawin. Lo nadum, elitenen yazahon le rujal elfagohmon. Elrujal elgato omen bedun yafakiru.

Zamen bige zamen le darasa eltani asan yabda, elasatisa yirif inu wahid mara yawu raja. Wa bige basufu lenafusum wa wahid ostaz kalim le tamiz elmutahmasiin elbano elmahmel asanom, gali, “Lo kulu zol mahindu okut ine elela, anina mahindana darasa.”

Wa kulu elshabab fatu asan yabahas elbanat elshabat.

Zamen eldarasa bada, de kan nusu rujal wa nusu nasawin.

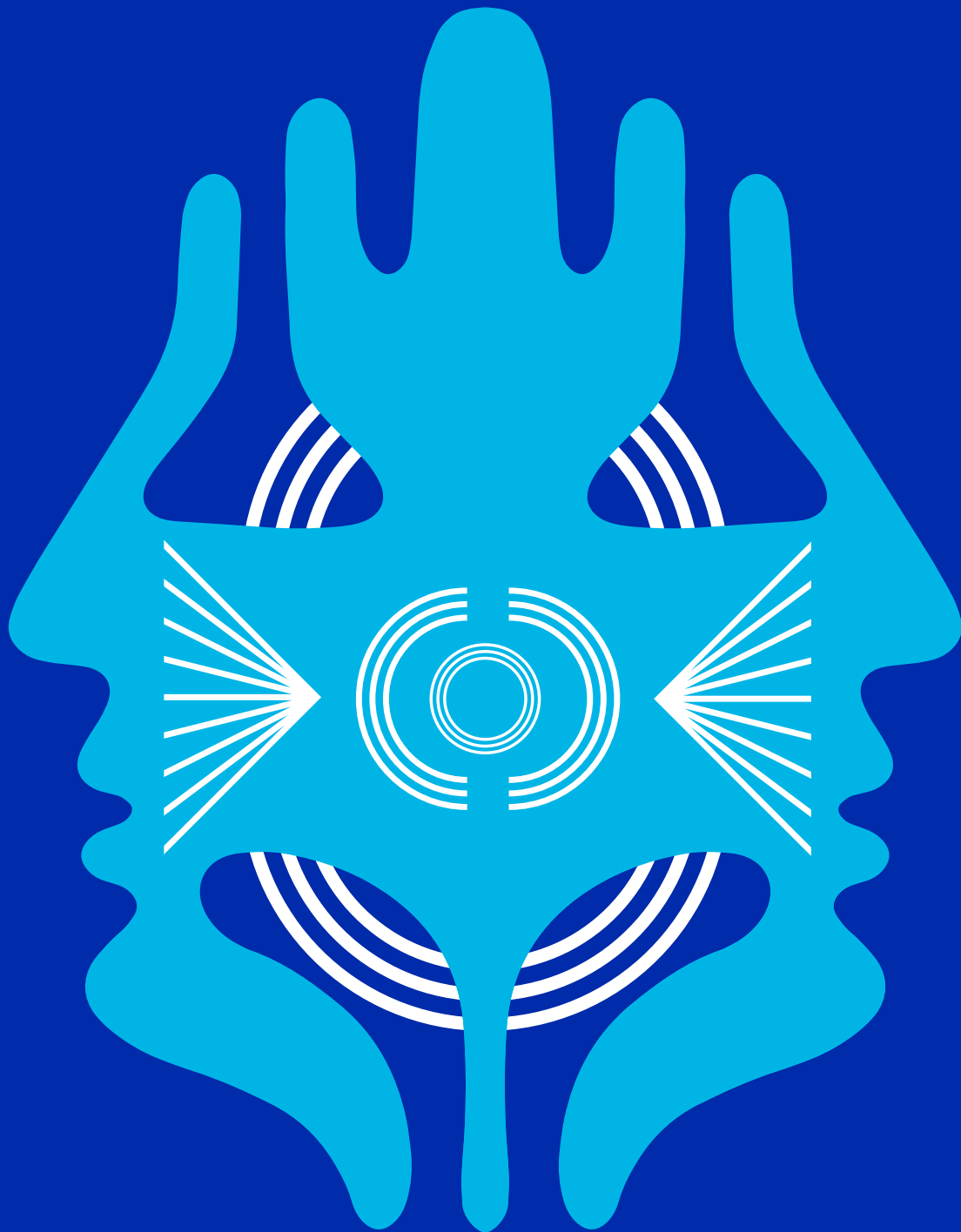
Wa elnasawin kalamu.

Wa simu kalamtomon.

**BIKUN WADIH FI KHEDMA TAKUM LI INSANIA:**

*Zakeru elaja*  
*elkalak le sukol de*  
*Gomu le tojieh*  
*wa waja ta nazar*  
*taki elferida*  
*Kut fi etibartaki*  
*tahizatek*





## 2. *Elguwa*

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*Gisa mastuh min tajarab ta okut Irene O'Neil*

**F**i wahid min amsiat ta kerif elja matarar; majmuoh min rahbat min kulu anah manazama elmahliya gadu fi arahak wa karasi marihieh bad elasha wa sharab ta shai aw marisa wa bahinu riada fi telefizion.

Elokuat alamu talamiz ta sanawiya, wa ijtama fi warsha ta sukol le mude yomen, asan omen balimu min nafusum wa kubarin. De kan lel adih, malian be gises, alahab ta tawala wa dehik. Bada nuoh min daf benahas bad gida ta yom kamil sawa.

Fi wahid mara, elokut min दौरا ta madif dakal elgurfa ma mara shaba. Malja hanaf ta beit gafal abuabto. Owa kan wahid min asharat ta nasawin elsakinin inak ma iyal tomen. Nasawin elayatum kutu fi mawala istehdat asan yalگو elzat. Asan yami osortomon. Kulu elindum kutut le biyut jedid wa aya jedid, wa lakin mafi makan tani asan yamshi fiw Kulu betorodu fi niaya elshahar; bad kamsa yom bas.

Elmara sukeir ja le kenisa bas asan besakan nafsu wa yasolu Owa ma kutu fi baluto asan yasal be musahida.

Elokuat bada elsukol.

Jalasu gidam, elokut fi tija wahid ta gurfa kalim gali, “Ana befakir inu barif mahal nawadik fiw. Kalini namul makalama”.

Owa kala elgurfa wa tani raja “Indi makan, lakin anina daeirin sarair”.

“kam?” wahid tani rudu, “Ana barif elmakan nalga elsarair.”

“Ana bekun musul min elakil”.

“Ana mumkin arif raya ta atfal”.

Wa ze da, elshabaka ta banatiya enfatahat wa fatet nafsu bedun mahwala aul mara eljahal de.

Fi nafsa wakıt, elgol jabu fi telifizion Elintibah ta nas kulu katu fi leheb wa omen besakaruo wa hatashaduo min ajel firiektomon.

Elreheban wasalu gisestomen. Omen deku wa atafali fi teriktomom kilal elmisa.

Elmara sukeir raja elbeit be akil, bataniya dafa, wa adid ta anaig.

Wa fi yom eltani, bada mahwala ta etigal le muoga jedid. Wahid banahu be faham wa ruoh ta okutiya.

Wahid elmabanu ka mahal ta sakan, lakin leshifa.

De makan iyal sukeriin kan yatim fiw rayahtomon.

Okutiya.

FAKIRU FI TAGATANA ELJAMAHIYA:

*Zaker inu inta  
juzu min elferiek*

*Ajma eltaga ta  
nagadh gawu  
asan bekonu  
wahid kebiir*

*Gasimu elwazin  
asan mafi zol  
silu ketiir*







### 3. *Elgalib*

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*Gisa mastuoha be tajarab  
ta Abraham Leno*

**B**ad afla takrijto, fi rajil hamel aku be zamen tawil Elitenen kanu fi aja sediid sawa. Gable aged elfat, elarb atamet tafulatomon. Omem asi faragu min hosortomon wa wadaru buyut tomon, le janib fiw amana asha wa siga asha elja ma agiga.

Wa asi, ine kaman kan gaid, fi agiga jedid El-madarasa kalasu, ma matakid de sunu beja tani.

“Sukran le inta asan inta jit ene,” owa gal, wa gadamu wara asan besufu nafusum.

“Ana bakur bek,” aku elkebir rudu.

Bad lazat, wa bad sumut dafa, “Ana daeir wari le inta aja.”

Elitenen akuan rikibu fi arabiya wa sagu be rig matajol elkasab ata omen wasalu tasuie elmalufa. De kan makeim ta lajiin, zeï mahal elkan elshabab elkarjiin ligu masaida gable seniin. De kan be terika ta kibrato fi makeim inu kan fi zol mabarifu dafalow gurus ta maderasasa elkalasu asi.

Aku elkebir kan sakal fi elmukeim de Juwa fi miyat alaf min nas, kulu elnazahin, zeï muoduoh ta itenen akuan. Malat oyutah ta awa zeï sikada — elsowt ta musika wa dehek wa elalam wa intisar dufa wahid.

Asna owa dakalu juwa, owa sufu nas elkan nasha maw sawa. Tegriba tawali, owa jara le gisis elkan shab maw gable elarb, zol kan mualimto zamen owa kan waled sukeir Gisisto fadolou be yied fata “Anina kuluna bakurin be inta,” owa gal le elshab.

Bada elirtibad fi makan de wa beshour zeï elbahr jarilo, yakit madi, wa ader, wa mastakbel. Elbeit. Shour kanu de beit. Zeï elhosra.

Owa gabil le aku, wa bekorek.

“De yawu mahal tahi,” owa gal.

“Indana ag asan bekun ine. Anina kuluna indana ag asan bekun ine”.

Wa de kan bidaya. Elaja jamil elmuolam elanina jina yerifnaw ka nada. Bad zeï da, owa shalu asan yatamam le nas, fi makan de. Nasto, beit tow. Wa ma makan de bas, lakin ay makan elnas mahindum buyut ja sawa asan besnahu hosratomon.

Asan yasufu nafusum.

Asan besama le nafusum.

Asan yasadik le nafusum.

Asan yatalak nafusum be hob bedun shurut.

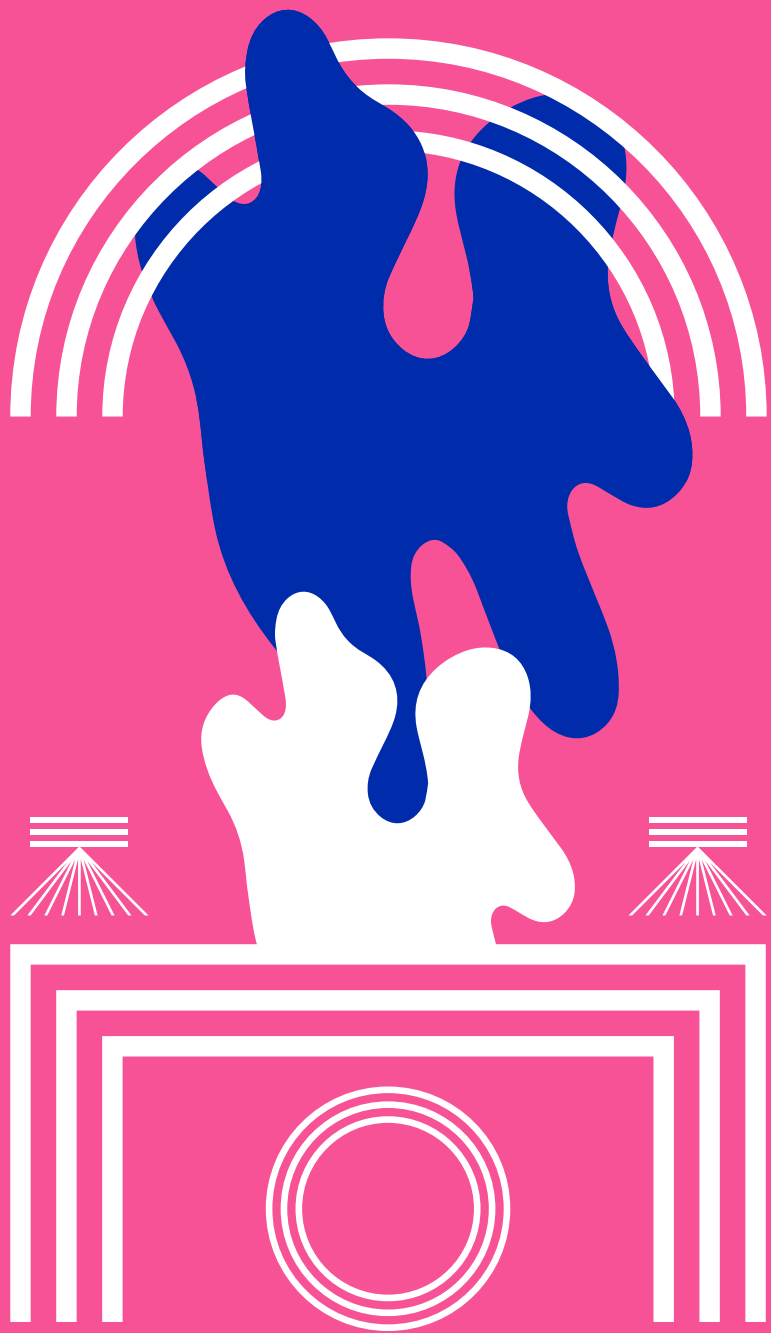
TAMOUL FI GALIB TA BAHASTANA:

*Zaker inu inta  
bemasil elnas  
anina besaid*

*Silu asuwat  
ta nazahiin fi  
muoktaki*

*Amulu bahas  
beterika adsa ta  
tajraba elaya*





## ELARKAN TA MAHAMETAMA

**B**e wajud ta kamsa anasar fi muoktana, wa asuwat ta nas elanina benasahid be gulubtana, asi anina narakiz le muheima ta yied. Del arba agaliyat le tojieh ta masarek le terika zamen nadaw nas juded le hosra ta Alight.

ARAKAN TA BAHAS:

*Elsata ta  
tahizat tana*

*Elbajas fi amakan  
elma matawaga*

*Atara asila  
mafida*

*Tajasid gimatana*

1.

## *Elsata Ta Tahizat Tana*

*“Kulu zol daeir yadu fursa asan yatalak elimkana de.”*

—DOGON SEDIGY NSHIMIYIMANA

**A**nina lazim nafam inu kulu zol fina ja min mahal ta tahizat. Kuluna Asan anina insan. Elsakil ta majmuoh elferida min tajarab wa gim wa awiyat kulu zol fina besil benazartana wa tasuratana fi alam.

Ka feriek de muheim asan nakun faduliyiin wa nasata tahizat tana elfardiya wa nakun indana guwa asan besufu ajat benazar tana wa kaman be nazar ta nas taniin. De bakalina nasaidu nafusna - we nakun gawiin tamam sawa.

**AMSAL ASAN TARIF TAHIZA:**

**A**di nafsek waktu asan tageyim kamsa sir elzatiya. Minu elsawal: Seyi inta jazabta sunu fi tageyim le kulu marsha? De yatu sura el-inta silu fi rastaki le sunu kulu zol zeyu? Omen sakini wen? Omen bekalimu keif? Eliftaradat del asaret le sir elzatiya el-inta befadolu keif?

Kilal elsukol, fakir ze alim Kalil la haz afahal salmiya aw ijabiya gawiya ta nas. Agek le nafsek asan inta barif inu elrad ta felek de ijaba le radudtomen aw tahizat el-inta silu.

**SAWALAT LE INTA FERIEKTAKI:\***

*Fakir bezamen kan inta betarif*

*rodud ta tahizat elkan indek*

*Amultu keif?*

*Kutu fi itibartaki elwaktu ta*

*murja taki le tahizat fagad*

*elway(elmumkin yakun lo inta*

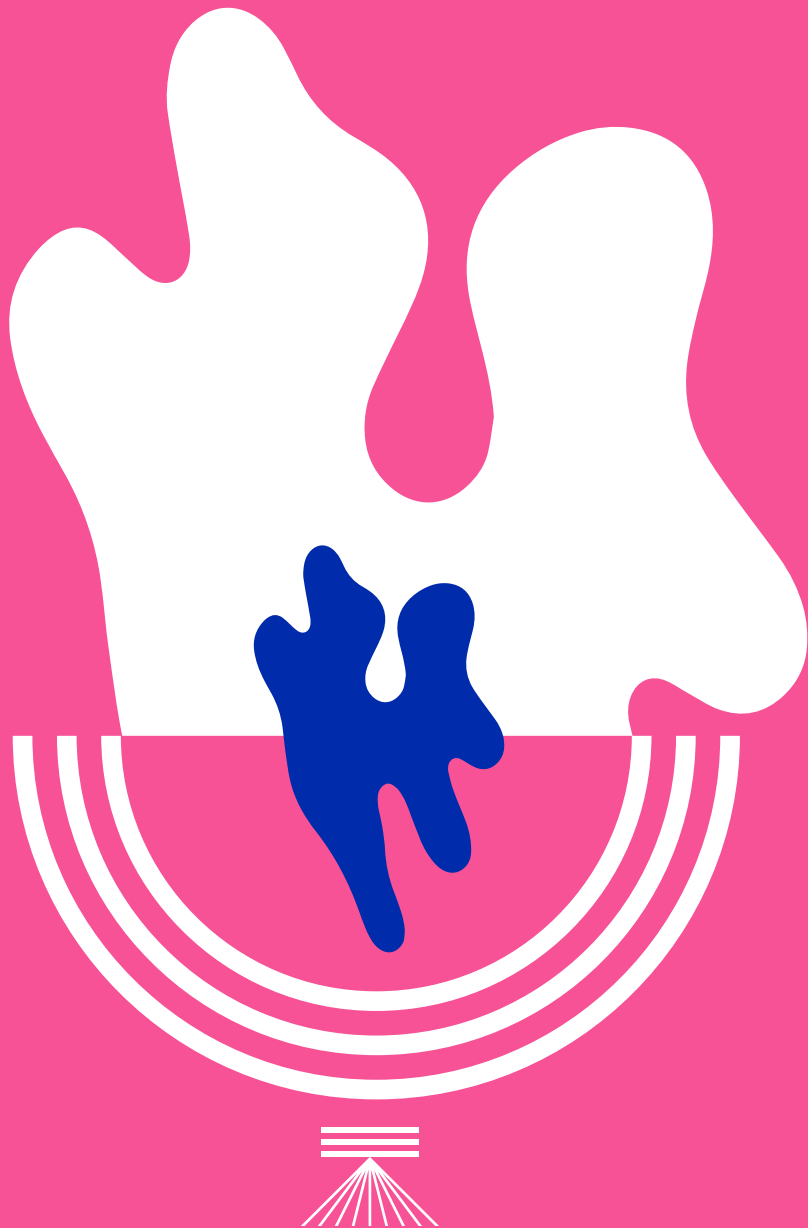
*fatirta, matawater, aw indek sukol*

*ketiriin). Keif anina benasakil*

*asan nasana elbiha elbetahadi*  
*le iftaradtana elmasbaga? Wa*  
*yatu tagimat el-inta indu?*

*Nagesh besura fata ma*  
*ada ta feriektamaki Keif*  
*inta beshaja nafuskum fi*  
*rehelatkom elkasa lekum?*

\*Sawalat tarawu be wasta ta Dr. Ramon Pastrano ta ImpactLives™



2.

## *Bahas Fi Amakan Ma Matawaga*

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*“Lo inta bas rasamta min nafsa majmuoh ta sakaniya,  
inta belwada mawasalta ma nas kueisiin.”*

—BEN AFFLECK

**L**o indek dawa le oduoh jedid asan yadumu le hosratana, lazim namshi natawasa. Natakit inu nadatana yataradid fi kulu gama til, kul wadi, kul turab maruf wa ma maruf. De bergus fi ozun ta nas eldaeirrin wa nas lisa mafakarom bad elbahas.

Ajat anina nakutu fi itibar gable makalama. *Keif anina:*

*benabahas* ruasa elbarifiin  
eltajraba ta nazaheyiya besakil  
mabasher?

*Seyi* betabahas fi amakan  
ma matawagawu?

*Eltarif* le tajraba elma  
beji ma sir elzatiya?

*Shaja* elnas elma bekutu  
nafusom mahaliin besakil kafi?

*Elham tarif* ta giada eljedid?

Nakut nafustana fi itibar le keif nafatesh.

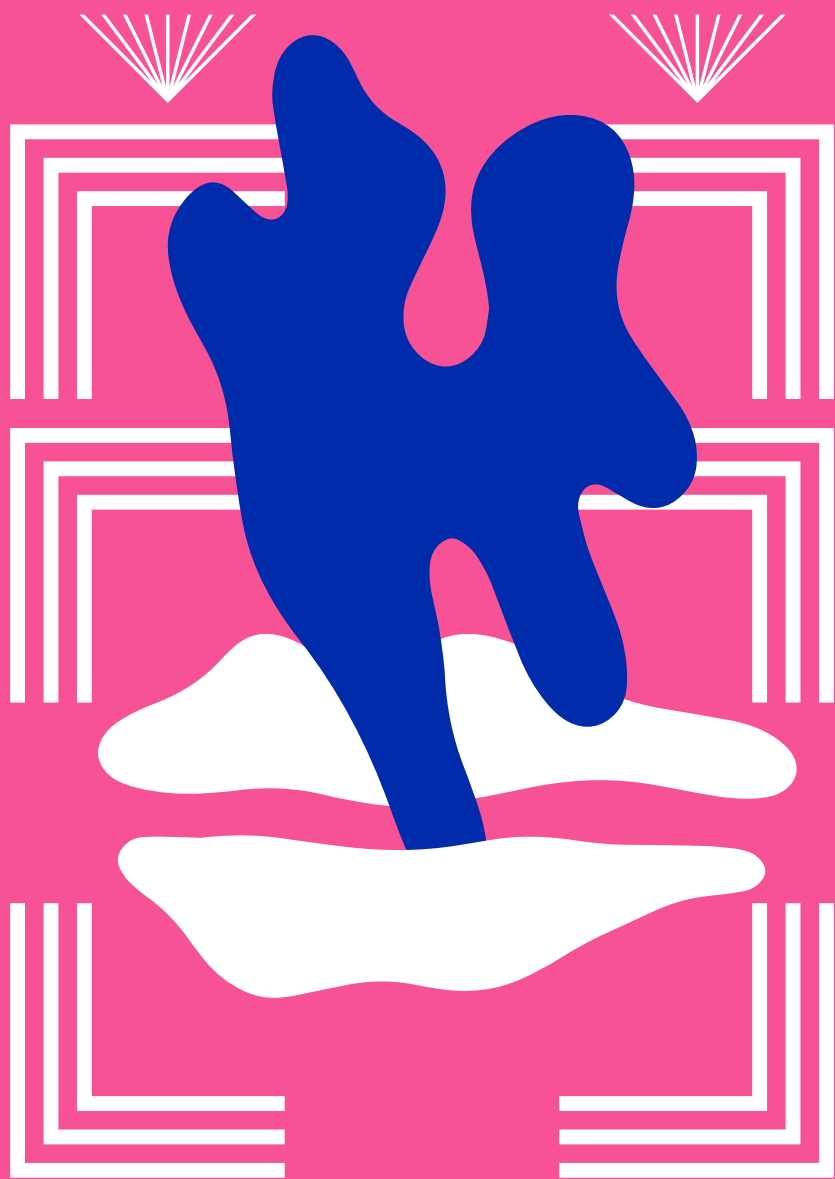
*Elfurasa* nanasheru wen?

*Tawasif* eldor be yatu loka?

*Del* yatu nas aw majmuat  
elmumkin nawasa wasultana?

*Anina* benarifu miteen inu anina  
bahastana kafi?





### 3.

## *Atara Sawalat Mufida*

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*“De sunu elanina beagiga daeirin?”*

—MARK WHITE

*“Elgudurat ta zol asan bekun sehri  
de muheim ze i omen besakil ta mantik”.*

—PAUL BENNETT

**A**nina manazama ta bahasiin— wa anina muwahdiin fi rakbatana asan nafatesh elinsaniya fi kulu juanab ta sukol tana wa fi elalam kulu. Le itlak elhanan le wafra ta makaba wa wara ta ijrahata ta magabela, lazim anina natara sawalat elbawasilu le galib ta zol. Sawalat elbekun bemasaba ta madakal etisal wa asala.

*“Mumkin inta besuf elitla ta sir elzatiya wa mumkin talim ketiir min sir elzatiya. Lakin...lazim yagtaran be alaga sadiga.” – DABBS CAVIN*

Afkar le tasur terika jedid le sawal:

***Sufu** le gimat tana wa etigadat tana ka tasis*

***Atabar** aja el-inta daeir asan yasalukbow fi magabela*

***Kashif** elhalam min elgises ta nas elanina benakademu*

*“Eletisal asan be ketiir le istima akter min kalam”.–*

**MARK DAYTON**

Bagi amsal sawalat ta magabale:

*De yatu zamen el-inta irifto inu sowt taki muheim?*

*Warina zamen el-inta sufu sharara min zol sahtu fi intahas.*

*Warina zamen el-inta ligu nur fi dalam.*

*Wasif alam elmawafir.*



## 4. *Najasid Gima Tana*

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*“Anina benamulu ajat lo sadiknam be kulu.  
Wa Alight manato owa elarabiya ta iman.”  
—ANGELA EIFERT*

**Z**ei ma anina natatalah le mustakbel jedid le manazama tana, muheim inu tasuf min Dakel. Le tarsiek nafustana fi gim wa mahtagedat , wa karadh le samimtana — wa bekalim bekunu elguwa elbesugu yawu bewahid mujtamatana el-alamiya.

Anina manazama  
malian be nas  
kueisiin ketiriin.

Eltanuwa de wahid  
min guwatana  
elkebiriin.

Wa wahid min  
fakurtana elkebiriin.

**B**enema anina matanuoh min kabrat elferida, wa wuhab, wanugat gawi, fi majmuoh min gim elbawehidna kuluna. Besugu lena keif. bamulu sukol tana, keif nayafahil ma nas elanina benakadamu (wa nufusum) wa besaidu le na asan nashil garar. Omem yawu ajat elwaganaw min kulu wahid minom, wa ata mumkin aja nasib nafustana be wajudu. Mumkin.

#### GIMTANA

Kalik Insan Markazu

Kalik Asen Beshuja

Amulu Farah

Iktar Tafawel

Abda Adi Nas

Amulu Bahas Ta Akeriin

Amulu Elmumkin Yagom

*Ay aja benamulu  
de bina le talata  
mahtagat asasiya  
elanina benatazbew.  
De tadahm le kulu  
jamieh gima tana,  
wa adaftana, wa  
kulu ijara wa garar  
elbanasilu.*

#### ETIGADAT TANA

Anina benasadik inu fi  
adala adiya ta insan fi  
fursa asan nabna aya.

Anina benasadik fi  
alam elmawafir wa  
malian be nas kueisiin  
eldaeriin yasaidu.

Anina benasadik fi  
sukol ta aja kueis.



## *Gidam*

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*“Elfajer jedid yazar benama nararu.*

*Fa daiman fi nur,*

*inta lo gawi sediid asan tesufu.*

*Lo bas anina gowiin asan nakunu”.*

—AMANDA GORMAN

**A**nina be nasukur inta asan inta gawi fi teriktaki elbewa-  
dik le rehla tana le mustakbel. Le tawasah hosratana. Wa  
asan gadimna daiman, sawa gidam le elnur.







